Risk Assessment

Club	Maidenhead Rowing Club	Date:	5th September 2020
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BRITISH ROWING

No:	Hazard	Reduce probability a Hazard causing a Hazardous Event		Hazardous Event	Reduce the Severity of Harm		Harm	Severity (1-5)	Probability (A-E)	Level of Risk (L,M,S,I)	Action Owners				
		Barriers	Action to maintain barriers		Controls	Action to maintain controls					Individual rowers	Club RSA	Junior Parents in case of rowers under the age of 18		other
Travel to the club															
1	exposure to Covid 19 by public transport or in a car with someone from a different household	other people wear a mask or face covering	general advice to the public	Rower or coach becomes infected with COVID-19 and notifies club for immediate club closure	rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	D	Substantial	X		X		
2		everyone maintains social distancing			treatment by NHS	NHS does not become overwhelmed with cases	severe illness	4	C	Substantial	X		X		
3		people with symptoms self-isolate					lifechanging illness or death	5	B	Substantial	X		X		
4	exposure to Covid 19 in private a car when travelling to or from the club	ensure that cars contain members of one household only	Club advice to rowers and coaches, and new club rules	Rower or coach becomes infected with COVID-19 and notifies club for immediate club closure	rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	A	Low	X		X		
5					treatment by NHS	NHS does not become overwhelmed with cases	severe illness	4	A	Low	X		X		
6							lifechanging illness or death	5	A	Moderate	X		X		
7	Exposure to Covid 19 when walking or cycling to the club	other people wear a mask or face covering	General advice to the public	Rower or coach becomes infected with COVID-19 and notifies club for immediate club closure	rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	A	Low	X		X		
8		everyone maintains social distancing			treatment by NHS	NHS does not become overwhelmed with cases	severe illness	4	A	Low	X		X		
9		people with symptoms self-isolate					lifechanging illness or death	5	A	Moderate	X		X		
10	Exposure to Covid 19 when using the club changing facilities	close the changing facilities so that they cannot be used	Club advice to rowers and coaches, and new club rules	Rower or coach becomes infected with COVID-19 and notifies club for immediate club closure	rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	A	Low	X		X		
11		advise rowers to travel to the club wearing the kit that they intend to row in and to travel home to shower and change			treatment by NHS	NHS does not become overwhelmed with cases	severe illness	4	A	Low	X		X		
12							lifechanging illness or death	5	A	Moderate	X		X		
Accessing equipment in the Boathouse and returning the equipment after use Accessing internal areas of the Clubhouse															
13	person shedding virus has been in the boathouse within the last three days	Ensure that everyone who has been exposed does not visit the boathouse	Club advice on Covid secure measures to rowers and coaches, and new Club rules relating to Covid safety. Ensure members provide own cleaning materials and equipment for own use. (Disinfectant can be antibacterial / viral spray or consist of a dilute solution of bleach in water) Display the hand washing, equipment cleaning & social distancing posters.	Rower or coach becomes infected with COVID-19 and notifies club for immediate club closure	rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	C	Moderate	X	X	X		
14		Instruct everyone coming to the Club to row is required to book in advance on Fitclub and receive a confirmation email of outing before arriving at Club									X	X	X		
15		Limit the number of people in the boathouse at any one time (no more that 2 people per bay).			treatment by NHS	NHS does not become overwhelmed with cases	severe illness	4	B	Moderate	X	X	X		
16		At the start and end of each visit clean & disinfect all touch surfaces (eg: doors/shutters, locks, window catches, taps, etc.) that could be touched									X	X	X		
17		Ensure that everyone in the boathouse maintains social distancing (>2 metres)									X	X	X		
18		Keep the boathouse well ventilated by opening all doors				NHS does not become overwhelmed with cases	lifechanging illness or death	5	A	Moderate	X	X	X		
19		Wash hands thoroughly at the start of each outing and before leaving to travel home & frequently inbetween. Avoid touching the face									X	X	X		
20	exposure within the clubhouse	Prohibit the use of the Clubhouse - e.g. communal areas such as Changing Rooms, Gym, Function Room, Bar	Ensure people know of prohibited areas - display posters indicating prohibited									X			
21	contaminated surfaces (boats, etc) within the boathouse	Wipe / clean boats and other rowing kit with disinfectant at the start and end of each period of use (i.e. before and after each person uses the equipment).	Club advice on Covid secure measures to rowers and coaches, and new Club rules relating to Covid safety. Display equipment cleaning poster.	Rower or coach becomes infected with COVID-19 and notifies club for immediate club closure	rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	C	Moderate	X	X	X		
22					treatment by NHS	NHS does not become overwhelmed with cases	severe illness	4	B	Moderate					
23		Frequent thorough hand washing in warm soapy water / use of sanitiizng hand gel. Avoid touching your face.	Display hand washing poster				lifechanging illness or death	5	A	Moderate	X	X	X		
24	person who is shielding visits the boathouse	Do not permit a person who is shielding to visit the boathouse	Government advice to people who are shielding and new Club rules relating to Covid safety.	Person who is shielding becomes infected with COVID-19 and notifies Club for immediate Club closure	rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	C	Moderate		X			
25					treatment by NHS	NHS does not become overwhelmed with cases	severe illness	4	B	Moderate		X			
26							lifechanging illness or death	5	A	Moderate		X			
Going Afloat or landing															
27	someone present is shedding the virus or has been in contact with someone else who is	Ensure that there are no more than 5 people present for boating / landing at any one time.	Club advice on Covid secure measures to rowers and coaches, and new Club rules relating to Covid safety. Display the social distancing & hand washing poster.	Rower or coach becomes infected with COVID-19 and notifies club for immediate club closure	rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	C	Moderate	x	X	X		
28		Ensure that the minimum separation distance of 2 metres is maintained at all times			treatment by NHS	NHS does not become overwhelmed with cases	severe illness	4	B	Moderate	X	X	X		
29		Frequent thorough hand washing in warm soapy water / use of sanitiizng hand gel. Avoid touching your face					lifechanging illness or death	5	A	Moderate	X	X	X		
Rowing or Sculling															
30	someone present is shedding the virus or has been in contact with someone else who is	maintain social distance between boats	Club advice on Covid secure measures to rowers and coaches, and new club rules relating to Covid safety. Display the social distancing poster	Rower or coach becomes infected with COVID-19 and notifies club for immediate club closure	rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	C	Moderate	X	X	X		
31		Use 1xs, if larger boats are used then ensure that all rowers and cox are from the same household.			treatment by NHS	NHS does not become overwhelmed with cases	severe illness	4	B	Moderate	X	X	X		
32							lifechanging illness or death	5	A	Moderate					
Use of the Toilets															
33	Someone present is shedding the virus or has been in contact with someone else who is	Observe one way system if entering the Clubhouse to use the toilets. Only allow one person in the toilets at any one time . Use of toilet is for emergencies only	Club advice on Covid secure measures to rowers and coaches, and new club rules relating to Covid safety. Provide disinfecting materials and instructions for cleaning in bathrooms. Display Cleaning Poster	Rower or coach becomes infected with COVID-19 and notifies club for immediate club closure	rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	D	Substantial	X	X	X		
34		Person using the toilets cleans / disinfects every surface touched or likely to be touched (including the toilet seat, taps, handles) before and after each use			treatment by NHS	NHS does not become overwhelmed with cases	severe illness	4	C	Substantial	X	X	X		
35							lifechanging illness or death	5	B	Substantial					
Use of the weight room and ergo room - see separate Risk Assessment - "MRC Land Training Risk Assessment COVID - BIOSecurity"															