



Maidenhead Rowing Club – Time Trials

3km Bray – Boulter's & Boulter's to Bray

Summary rules:

- 1st time trial: Bray to Boulter's
- 2nd time trial: Boulter's to Bray
- 20 sec gap between boats at start
- Overtaking:
 - Upstream faster crews keep to the Bucks bank, slower crews move out to centre of river
 - Downstream faster crews stay in the middle, slower crews keep to Berks bank
 - No overtaking close to bridges
- **Safety first – don't make risky manoeuvres for the sake of a few seconds.**

